

Tara Lynn Sullivan, PT, DPT

@ HonorHealth
10200 N. 92nd St. Suite 100
Scottsdale, AZ 85016

EDUCATION

A.T. Still University Doctor of Physical Therapy	Aug. 2009-2012
A.T. Still University Master of Science in Human Movement	Aug. 2008-2010
Oregon State University Bachelor of Science in Exercise and Sport Science	Sept. 2004-2006
Lane Community College Associate of Art	Jan. 2002-2004
Florida College of Natural Health Massage Diploma	Nov. 1999-2000

SPECIALTY TRAINING:

Pregnancy and Postpartum Complications	Aug. 2012
Pelvic Floor Level 1	Sept. 2013
Pelvic Floor Level 2A	Feb. 2013
Pelvic Floor Level 2B	March 2013
Pelvic Floor Level 3	June 2013
Movement and Systems Approach	Nov. 2013
Women's Health Summit	Feb. 2014
Pediatric Incontinence and Pelvic Floor Dysfunction	Aug. 2014
Pudendal Neuralgia Assessment, Treatment, and Differentials	Aug. 2014
Post Prostatectomy	Sept. 2015
Sexual Medicine	Nov. 2015
Women's Health Guest Speaker at NAU	2014 and 2015

EMPLOYMENT

Scottsdale Healthcare **Aug. 27, 2012-present**

Women's Health Physical Therapist specializing in bowel, bladder, and sexual dysfunction as it relates to the pelvic floor. Experience in treating urinary and fecal incontinence, dyspareunia, vaginismus, prolapse, pelvic pain, constipation, defecation, and other dysfunctions. Experience in treating men, women, and children with pelvic floor dysfunction. Treatments include patient education, manual therapy, bowel and bladder retraining, therapeutic exercise, and modalities when appropriate including biofeedback and electrical stimulation. Experience in marketing, building and maintaining relationships with referral sources, i.e. Urologists, Gynecologists, and Colorectal Physicians to expand women's health practice, increasing patient population.

Herzing University **April 2011-present**

Course Author of Medical Terminology for Healthcare Professionals and Online Instructor for the following classes: Medical Terminology for Healthcare Professionals, Medical Ethics, and Current Healthcare Issues

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Carrington College

Regional Program Director

March 2007 – Aug. 2009

Managed the Massage Therapy programs for 5 western-US college campuses, revising and implementing curriculum, overseeing 30 employees and management of all tasks associated with that responsibility (interviewing, hiring, training, reviews, classroom observations, faculty and student issues, and data analysis). Also included teaching massage therapy, managing massage clinic, and substituting in the physical therapy technician program.

Independent Massage Therapist Contractor:

September 2000 – March 2007

Anytime Fitness, Roseburg, Oregon, September 2006 – March 2007

Oregon State University, Corvallis, Oregon, March 2004 – September 2006

More Pzazz Salon, October 2002 – August 2006

Walker Chiropractic and Rehabilitation, September 2000 – September 2001

CERTIFICATIONS:

State of Arizona Board of Physical Therapy, license #9955
BLS

Current, Exp. August 2016

Current, Exp. April 2018